

Instructions for Navigating the Behavioral Health Partnership Online Behavioral Health Provider Directory

The Behavioral Health Partnership manages provider information for behavioral health providers enrolled in Connecticut's Medical Assistance Program (Husky). Provider profiles are created by the BHP and are available to members and referral sources through an online portal. The following is guidance for using the online behavioral health directory to search for therapists specializing in perinatal mental health.

Go to www.ctbhp.com

Click "Online Provider Directory".

The next screen provides the username and password you will need when you click "Find a Provider". (Remember this password).

The next screen you will plug in the username and password to access the Referral Connect portal. Then click "Go".

Click the "Find Now" quadrant titled *Find Individual Doctors, Counselors, Groups and Clinics*.

Click "Accept" on this screen.

Now you have reached the screen where you can customize variables- these are important instructions:

1. Be sure you have selected "Connecticut"
2. Be sure you have selected "Display 100 providers"

Now scroll down to "Specialty" and select "Perinatal Mental Health"

Click "Find" at the bottom of the screen.

As of March 2015, there are 58 providers listed statewide in this category. The Nurturing Families Program- UConn Health and the Connecticut Alliance for Perinatal Mental Health are working to engage each of these providers to learn more about their practice and to create further training and networking opportunities to promote a specialized workforce in Perinatal Mood and Anxiety Disorders (PMADs). We use this online provider directory most often because we can assume that the provider accepting public insurance is likely also accepting private insurance.